

# ADVANCED

## GASTROENTEROLOGY & HEPATOLOGY

### Preparation instructions for an EGD (Esophagogastroduodenoscopy)

Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ \*\*Start time: \_\_\_\_\_

### Three to five days before your EGD:

Do not take Plavix, Eliquis, or Coumadin (Warfarin) 3-5 days before your procedure. If you take Coumadin, you must have a PT/NR blood level drawn the day before your procedure.

**\*\*\*You may follow your normal diet the day before your procedure, NOTHING by mouth after midnight.\*\*\***

### The day of your EGD:

### NOTHING BY MOUTH THE MORNING OF YOUR PROCEDURE

1. If you take blood pressure, heart, or seizure medication, take this medication at 6:00 AM with a small sip of water.
2. If you are diabetic, check your sugar level at 6:00 AM. If your sugar is GREATER than 200, take ½ of your morning dose of insulin. Do NOT take your sugar pill.
3. Do not take any other medications until after the procedure.
4. Leave all your valuables at home. You must have someone with you to drive you home. Your procedure will be rescheduled if you do not have a ride. Call our office if you have any questions or concerns or need to cancel or reschedule.

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