

*PLEASE CHECK YOUR PROCEDURES' LOCATION IN YOUR EMAIL.

ADVANCED

Gastroenterology & Hepatology

Preparation for Repeat Colonoscopy with Golytely

DATE: ___/___/___ ARRIVAL TIME: _____

PROCEDURE TIME: _____

What you will need:

- **Dulcolax 4 tablets**
- **Golytely 1 Bottle** (If it's a powder, mix with 128 oz water.)
- **Both available over the counter**

Take all regularly scheduled medications unless otherwise specified

-
1. Do not take iron at least **two weeks** before your procedure.
 2. Do not eat any nuts, seeds, or whole grains at least **one week** before your procedure.
 3. Do not take any blood thinners **five days** before your procedure, such as Plavix or Coumadin (Warfarin). If you take Coumadin, you must have a PT/NR blood level test the day before your procedure.

The day before your colonoscopy:

1. Do NOT eat any solid food for the **entire day** prior to your procedure.
2. Consume **only clear liquids the entire day**. This includes any liquids you can see through that are **NOT red or purple**: **clear broths**, etc., clear juices: apple, white grape, lemonade without pulp, water, flavored water, sodas (Sprite, 7up, Ginger Ale), Gatorade, tea, black coffee (**no milk or cream**), popsicles, Italian ices.
3. At 9 AM take 2 Dulcolax and 3 PM take another 2 Dulcolax tablets,
4. Start to drink Golytely at 12PM (If it's a powder, mix with 128 oz water.)

ADVANCED

Gastroenterology & Hepatology

5. Please continue drinking clear liquids till 12 am to prevent dehydration.

NOTHING BY MOUTH AFTER MIDNIGHT

The day of your colonoscopy:

***NOTHING BY MOUTH THE MORNING OF YOUR
PROCEDURE***

1. If you take blood pressure, heart, or seizure medication, take only those medications at 6:00 AM with a small sip of water.
2. If you are diabetic, check your sugar level at 6:00 AM. If your sugar is **GREATER** than 200, take ½ of your morning dose of insulin. Do not take your sugar pill.
3. Do not take any other medications until after the procedure.
4. Leave all your valuables at home. You must have someone with you to drive you home. Your procedure will be rescheduled if you do not have a ride.

Call our office if you have any questions or concerns or need to cancel or reschedule.

*****PLEASE BEAWARE THAT YOU MUST HAVE A DRIVER AND
SOMEONE NEEDS TO BE WITH YOU DURING YOUR
PROCEDURE. *****